



Terry Kitchen
The Quiet Places
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Award-winning Boston contemporary folk singer/songwriter **Terry Kitchen**, called "one of New England's finest songwriters" by *The Boston Globe*, is as much a diviner of feelings as a musician. His new CD ***The Quiet Places*** combines his considerable skills as a singer, guitarist, composer and poet with his endless curiosity about how we feel, and why. At this moment in time, when so much is happening so quickly, Kitchen shuts out the noise, unplugs, and takes us deep inside the human heart, with all its grace and contradictions. Kitchen's unflinching honesty, keen ear for telling details, and deep empathy for those destined, like himself, to keep searching for whatever's just out of reach, make ***The Quiet Places*** a rich and rewarding musical journey.

The Quiet Places is the follow-up to Kitchen's 2015 CD ***The Post-American Century***, which reached #19 on the national Folk-DJ airplay chart. Like its predecessor, it's filled with Kitchen's distinctive songcraft and arresting imagery, but this time the focus is tighter, on the story within the story. From the deceptively simple bluegrass of "Enjoy It While It Lasts" and Seeger-esque folk of "Seeds" to the haunting piano ballad "The Kid Behind the Wall" and midnight blues of "Jericho," ***The Quiet Places*** strips away the veneer of who we'd like to be and shows us as we are.

Kitchen's intimate vocals and fluid guitar are supported by a talented array of singers and musicians. Mara Levine adds soaring harmonies to "Enjoy It While It Lasts" and "Seeds," while Amy Malkoff adds her intuitive harmony to the title song, and Terry's college singing partner Rebecca Lynch gives a country twang to "She's Already Cried." Musicians include Bob Harris (mandolin on "Enjoy It While It Lasts"), Don Barry (upright bass), Roger Williams (Dobro on "She's Already Cried") and Sam Dechenne, who contributes the Miles-Ahead trumpet solo on "Jericho." Kitchen is also joined by reed player Barry Singer and drummer Chris Peeler, both veterans of Kitchen's '80s band Loose Ties. Kitchen himself adds keyboards and bass, most notably on the album's one cover song, the ecologically-themed "Nature's Way," originally by the band Spirit.

The intensity Kitchen brings to his subjects is evident whether they're joyful (the gently expectant swing of "Half You Half Me"), stormy ("Let Your Wild Winds Blow") or somewhere in between (the boy-to-man vulnerability of "It's OK to Be Afraid"). But again and again, Kitchen proves the most revealing insights are found in ***The Quiet Places***.

About the SONGS on Terry Kitchen's *The Quiet Places*

1. "Enjoy It While It Lasts" Last year was a tough year for losing legends, and no legend was larger than Muhammad Ali. Considering that moving on is part of the deal, it seems the key is making our own legends and enjoying the moments we have. With Bob Harris on mandolin and Mara Levine on harmony.

2. "Seeds" I wrote this song about surviving a drought the day after the election. With Mara Levine on harmony and Leslie Bryant on flute.

3. "The Quiet Places" I am continually amazed by women's ability to express their feelings. My own feelings need a confluence of perfect stillness and unconditional acceptance before they will show themselves. With empathetic harmony by Amy Malkoff.

4. "Nature's Way" Originally recorded by the band Spirit and a big hit at my summer camp's campfires, this song's simple message of listening to our planet seems worth remembering. With Brian Middleton on harmony.

5. "She's Already Cried" Possibly related to #3 above, women also seem way ahead of men, or at least this man, at processing their feelings, so I'm often the last to know. With Rebecca Lynch on harmony and Roger Williams on Dobro.

6. "The Kid Behind the Wall" I don't write much about the 5 years I lived in L.A. since too much is written about L.A. already, but this story stayed with me. Sometimes circumstances are such that you're the only one who can make a difference. Don't blow it like I did. With Bob Vivona on harmony and Chris Peeler on drums.

7. "Half You Half Me" A rare swing tune, with a more positive take on parenthood, actually written for the arrival of our new kitten. With Barry Singer on clarinet, Don Barry on upright bass, and Chris Peeler on brushes.

8. "It's OK to Be Afraid" We place so much emphasis on bravery, but the real test is being strong in spite of our fears. With Deede Bergeron on harmony.

9. "The Bar Harbor Full Sail Downeast Acadia Windjammer Sunset Cruise" Last summer in Maine I met a couple musicians who played on harbor cruises. One was a retired lobsterman, but the other had a life, and music career, that was literally all over the map.

10. "Let Your Wild Winds Blow" Opposites attract, and the opposite of a quiet place is a raging storm. I've found it's sometimes wiser to let a storm rage and hopefully blow itself out than futilely try to stop it.

11. "The Last Laugh" I got to see Hillary Clinton (and James Taylor) two days before the election, and it got me thinking about all the times in my own life I'd gotten through setbacks by assuming that one day I would triumph and it would all be worth it. But what if you don't get that last laugh? With Rebecca Lynch and Brice Buchanan on harmony.

12. "Jericho" A blues about giving in to being human. With Sam Dechenne on trumpet, Chris Peeler on brushes, and Rebecca Lynch and Brice Buchanan on harmony.